

sick so often." - It is hard to suffer so long - but Our Father Knows what is best for us all. - I am fully persuaded that He has a wise purpose in all these things to be brought about. - One has written

"Trials make each promise sweet;
Trials give new life to prayer;
Trials draw me to His feet -

Lay me low, and keep me there."

I find from our cousin M. Jolliff's letters that the family have little or no prospect of ^{their sister Rachel's} ~~her~~ being herself any more. - I would like to know more about it - but feel a delicacy in asking - and she gave me a hint to be careful, as she ^{cousin M.} always wished to know what I wrote. - How many and various are the trials to which human nature is subject! Thanks, dear Martha, for writing, in order that I may know how our beloved Cousin is. - It is also pleasant to hear from thy dear ones at home - My girl Richarda ought to be careful as regards diet if inclined to be dyspeptic. Cramp - if in the lower limbs is almost immediately cured by putting the feet in water as hot as one can bear. - This is well to remember as many suffer in that way. It is my own remedy - therefore I recommend it to others. Love to them all, please, as well as to thyself. -