a little sermons about it, I believe it was all under right direction. In the evening H & I sat with our dear friend Silas Claft who was to leave home the next morning. A night of some little comfort was followed by a pretty quiet day yesterday during which I thought it best again to abstain from meat diet informally abounded but in the evening H & I sat with 3 young men & their housekeeper, in my own chamber. It was a favoured time & followed by a night of pretty good natural sleep. H & H is gone to the Mo. meeting to day with a note from me reporting the experience of our family visit - to which I trust he will add a favorable report of his own. I am now mercifully clear of religious exercise for the present & have nothing before me for a few days but quiet nursing. I am favoured to be better to day after a long drive.

2mo. 7th 5th day.

Last evening - a little overwhelmed with the tide of the evening. Poor news from St Croix - Louisa Wood's going away - the unexpected arrival of my beloved S. Grellet. He was engaged in very long & very weighty fervent prayer with me in private yet it left me a little discouraged as to the issue of the sleep. I hoped a night of some considerable indisposition. This morning another very weighty exercise has overspread J & R Hunter being present the female of which was a desiring view a listed of Elijah beside the brook Cherith, fed by ravens, & prepared in that time of waiting strengthening for important services in the church. I desire to be kept from S G's strong views & prayers of an overruling no other will, but the will of our gracious God - Lord, calm, cool, quiet, comfort, thy poor servant! S G's last quotation was "Have prayed thee all the palms of my land. Thy walls are continually before me." I think the language of Jesus to my soul seems to be "Be patient & quiet & nothing shall harm thee".

First day afn.

Dr. Cox from New York has been with me to day & has ministered much encouragement to me for which I feel truly thankful. The result seems to correspond with the concluding expression of yesterday: Indeed I have been most mercifully dealt with. & I desire to be enabled to make some record of the gracious dealings of my Lord with me so totally unworthy as I am of the very