"What shall I render unto the Lord for all his benefits towards me? I will take the cup of salvation & call on the name of the Lord: I will pay my vows unto the Lord, now in the presence of all his people". On a calm review of this period, may I not above all to Him for those very low states which have been so frequent during its course; & which have never failed to lead the way to a fresh supply of his kindness & grace?

In commencing with Virginia, & in looking forward to a dreary service at Richmond, Washington Baltimore &c., I trust I am made deeply sensible of my own unworthiness & unfitness for the work. O Lord, in the fleetitude of thy mercies, undertake for me, & let thy own gracious works abundantly praise thee!

It is a solemn thing to me to close the present year; & a cause of unfeigned thankfulness, in looking back upon past conflicts, that I am permitted to close it in peace. Never shall while memory lasts shall I forget the ringing in of this year by the West Ham bells, as I lay on my bed, in the midnight hour, at Upton. It seemed almost like the knell of death to me - but surely Emmanuel was at the bottom of it, though I then knew not the cause of my suffering. Praise Lord, O my soul; & all that is within me, bless & hallow his glorious name!

Widow Lamb's Mond 3d. (our Lodging) We are now on the way to Gravelly Run - after having spent 3 satisfactory days in Meetings at Black Creek, Western Branch & Blackwater - also evening meetings at Wm Harris's & Robt Coates. I think I may humbly acknowledge that it has been a favoured time - Friends & others, as usual, very free kind & open - abundantly willing to hear. O that they may profit in proportion. I have passed through some rather deep conflicts of mind - but sweet quietness of mind is at present my acceptable portion.

Dr. Thos Bates's Mond 12th. 1838.

I have slipped through 9 days marked by some deep exercises of mind - meetings held at Gravelly Run, Petersburg, & at Richmond, at Wainoak, Jarrets, & at Jos. Pleasants's. Two very large public meetings at Richmond - one at the Capitol, & the second in the Methodist House - It is not often that any place has cost me more exercise of mind. - It is the hotbed of slavery. a good meeting there, in the Penitentiary. & I with Friends including Mo. Meeting