such an one as I know myself to be, should be thus favoured. Returning health is also a very acceptable visitor.

First day evening 7mo. 16. The wind is clear contrary which is somewhat of an exercise of faith to my easily discouraged mind; but I am thankful to have a little faith given me according to my need. We have enjoyed two very solemn meetings in the privacy of the Ladies' Cabin & on the deck attended by about fifty, the Captain, passengers, sailors &c. I trust the glorious gospel was not preached in vain — the sailors especially appearing very thoughtful & attentive.

Fourth day morning 7mo. 19. Wilt thou not wait my time? seemed to be the language graciously addressed to me this morning, after some close feelings of discouragement in the unabated continuance of contrary winds — so that we are yet on our course — as it were imprisoned on the wide Atlantic. I trust I am enabled to feel a good degree of willingness to wait the Lord's time — & it has been my earnest prayer this morning, after some painful experience of the sore buffetings of Satan, that patience may have in me a perfect work — that I may be "perfect & entire, wanting nothing". After our Scripture reading in the Ladies' Cabin, it offered to me the right thing for us to prolong the space that we might avail ourselves of the privilege of a week-day meeting. This morning, has been very sweet, the Saviour having again condescended to make himself known to us by his good Spirit, in his character of a supplanting Head, & a compassionate, all-powerful & omnipresent friend & Lord. I have no doubt that the novel discipline which I am now undergoing is good for me, & I heartily desire to be enabled to bow very low under the mighty hand of my God — to allow be all glory!

Evening. In the retrospect of this day, I have peculiar cause to be humbled before the Lord in the remembrance of my weakness during much of the present day.

"O Thou who alone knowest the depths of my weakness grant I pray thee that the discipline to which I am now subjected, in the order of thy good Providence, may be the means of bringing me to a perfectly unreserved surrender to thy holy will, either to do or to suffer. For the crucial insinuations & suggestions of Satan as well as for the natural irritability